

Staff Training: Promoting Early Years Nutrition and Healthy Lifestyles 'The Foodtalk Game'

Venue: _____ Team/Organisation: _____

Summary of Training

Date of training: _____

Staff received a _____ hour training session on 'promoting good nutrition and healthy habits in the early years' through the use of the Foodtalk interactive board game. The game is designed to improve knowledge about nutrition and healthy habits for children aged 1-5 years so that Early Years practitioners are better equipped to support children and their parents to lead healthier lifestyles.

Training was facilitated by _____ and covered the following topics:

- ♥ _____
- ♥ _____
- ♥ _____
- ♥ _____
- ♥ _____

Attendance:

♥ _____ staff attended the training

Outcome of training:

- ♥ _____ % of participants felt the training helped to increased their knowledge on the topic
- ♥ _____ % of participants felt the training met their learning expectation
- ♥ _____ % of participants felt the training increased their confidence in the subject areas.
- ♥ _____ % of participants would recommend the training to others

CPD:

_____ members of staff completed a CPD reflective template

How does this CPD activity meet practitioners' training needs? How will this benefit the children in your setting?

Action plan:

Include a summary of the action plan your team plans to implement as a result of the training. Include a timescale.

Checklist: You may choose to attach any appropriate evidence to this report (i.e. certificate of attendance, evaluation sheet, minutes of meeting, action plan, CPD /reflective learning template)